

## Parental Substance Use and Young People's Resilience

### Wednesday 10<sup>th</sup> November 2021, 10am-12pm

Programme	
5 minutes (10:00-10:05)	Welcome from Claire Hayward: National Hidden Harm Lead (Change, Grow, Live)
Chair: Claire Hayward, National Hidden Harm Lead (Change, Grow, Live)	
20 minutes (10:05-10:25)	Cassey Muir: NIHR SPHR PhD Researcher (Fuse – Newcastle University) with Aiden Quinn and Kira Terry (Lived Experience Experts)  <i>The voices of young people and practitioners: parental substance use, resilience and stigma</i>
10 minutes (10:25-10:35)	Daniel Brocksopp: Young Person's Drug & Alcohol Intervention Worker (PROPS North East)  <i>Supporting young people and families impacted by substance misuse</i>
30 minutes (10:35-11:05)	Cassey Muir: NIHR SPHR PhD Researcher (Fuse – Newcastle University) <u>Interactive audience participation activities:</u>  (1) What ideas should we prioritise for supporting young people whose parents use substances? See 'Document A: Intervention Ideas (10_11_21)' for this activity  (2) How can we support practitioners in their work with young people whose parents use substances?
10 minutes (11:05-11:15)	<i>Break</i>
Chair: Claire Hayward, National Hidden Harm Lead (Change, Grow, Live)	
10 minutes (11:15-11:25)	Virginia Wright: Programme Manager – Parents, Carers and Families (alcohol and drugs) Addictions and Inclusion (Office for Health Improvement and Disparities)  <i>Parents with alcohol and drug problems: policy reflections and resources to support local authorities</i>
10 minutes (11:25-11:35)	Dr Ruth McGovern: Lecturer in Public Health Research (Fuse – Newcastle University)  <i>The effectiveness of psychosocial interventions at reducing the frequency of alcohol and drug use in parents: findings of a Cochrane review and meta-analyses</i>
20 minutes (11:35-11:55)	Q&A Panel Discussion:  Cassey Muir, Aiden Quinn, Kira Terry, Daniel Brocksopp, Virginia Wright, and Ruth McGovern
5 minutes (11:55-12:00)	Closing remarks from Claire Hayward: National Hidden Harm Lead (Change, Grow, Live)